

## LIVING WILL & APPOINTMENT OF HEALTHCARE SURROGATE

I \_\_\_\_\_, want to choose how I will be treated by my physicians and other healthcare providers. If there comes a time when I am unable to communicate or make my own healthcare decisions because of illness or injury, I direct my physician, my healthcare surrogate and my family to honor this Living Will.

### **PART 1 – Appoint a Healthcare Surrogate**

In the event I am unable to communicate or I am incapable of making decisions about receiving, withholding or withdrawing medical procedures or other treatments, I designate my healthcare surrogate to make choices for me according to his/her understanding of my wishes and values.

<b>My Appointed Healthcare Surrogate is:</b>	
Name:	
Address:	
Phone:	Alternate Phone:

<b>If my surrogate is unable or unwilling, then my next choice ( Alternate Surrogate ) is:</b>	
Name:	
Address:	
Phone:	Alternate Phone:

### **PART 2 – Indicate Your Wishes**

I understand that this Living Will only becomes effective when I am no longer able to communicate or when I am not capable of making my healthcare decisions. When two physicians have determined that I have one of the following:

- *A terminal or end-stage condition and there is little or no chance of recovery*
- *A condition of permanent and irreversible unconsciousness such as coma or vegetative state*
- *An irreversible and severe mental or physical illness that prevents me from communicating with others, recognizing my family and friends or caring for myself in any way*

then I want my doctors and others to provide comfort ( palliative ) care including relief of all physical pain, suffering and mental anguish. If I develop one of the above conditions, my treatment choices are:

<b>My Specific Choices if I Have One of the Above Conditions</b>	<b>Yes I Want</b>	<b>No I Do Not Want</b>
	<i>Circle Yes or No</i>	
Cardio-pulmonary resuscitation ( CPR ) if my heart or breathing stops	Yes	No
A breathing machine if I am unable to breathe on my own	Yes	No
Nutrition and fluids through tubes in my veins, nose or stomach	Yes	No
Kidney dialysis, a pacemaker or defibrillator or other such machines	Yes	No
Surgery or admission to a hospital intensive care unit	Yes	No
Medications that can prolong my dying, such as antibiotics	Yes	No
I want Hospice involved in my care at the earliest opportunity	Yes	No

**Main Office**

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If a medical decision has to be made for me and my decision is not indicated above, I want my healthcare surrogate to make and communicate these decisions for me.

**Other Information (optional):**

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**PART 3 – Make it Legal**

I fully understand the meaning of this declaration. I am emotionally and mentally competent to make this declaration and have given this careful consideration.

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Print Name**

Witness 1: \_\_\_\_\_

Signature of Witness 1

\_\_\_\_\_  
Print Name of Witness 1

Address: \_\_\_\_\_

Witness 2: \_\_\_\_\_

Signature of Witness 2

\_\_\_\_\_  
Print Name of Witness 2

Address: \_\_\_\_\_

**\* Your healthcare surrogate(s) CANNOT serve as a witness to this Living Will. At least one witness MUST be someone other than your spouse or a blood relative.**